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# Nutri - Topics

Food and Nutrition Information Center  
National Agricultural Library  
10301 Baltimore Boulevard  
Beltsville, MD 20705

Consumer

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## Nutrition and Cancer

### Brochures and Pamphlets (in order by organization and year)

Available from American Cancer Society, 1599 Clifton Road NE, Atlanta, GA 30329.  
Toll free: (800) ACS-2345.

*Taking Control.* 1994.

*Eating Smart.* 1993.

*Nutrition, Common Sense, and Cancer.* 1993.

*Questionable Methods of Cancer Management: Nutritional Therapies.* 1993.

Available from American Institute for Cancer Research, 1759 R Street, NW, Washington, DC 20069. Toll free: (800) 843-8114; in DC: (202) 328-7744.

*Healthy Meals on Hand.* 1994.

*Taking a Closer Look at Antioxidants.* 1994.

*Menus and Recipes to Lower Cancer Risk.* 1993.

*Cancer Information: Where to Find Help.* 1992.

*Diet & Cancer: What's the Link.* 1992.

*Dietary Guidelines to Lower Cancer Risk.* 1991.

Available from National Cancer Institute, Bethesda, MD 20892. Toll Free: (800) 4-CANCER.

*Eating Hints.* (Revised)

NIH Publication No. 92-2079. 1994

*Easy Entertaining with Fruits and Vegetables for Better Health.*

NIH Publication No. 92-3249. 1992.

*Eat More Salads for Better Health.*  
NIH Publication No. 92-3250. 1992

*Fast and Easy Fruits and Vegetables for Busy People.*  
NIH Publication No. 93-3247. 1992.

*Eat More Fruits and Vegetables.*  
NIH Publication No. 92-3248. 1991.

*Managing Your Child's Eating Problems During Cancer Treatment.*  
NIH Publication No. 92-2038. 1991.

Available from Ross, Ross Product Division, Abbott Laboratories, 625 Cleveland Avenue,  
Columbus, OH 43215-1724. (614) 624-7677.

*Nutrition: An Ally in Cancer Therapy.* 1994.

#### **Journals and Magazine Articles (in order by year)**

"Diet, nutrition, and cancer research: an overview." Maryce M. Jacobs. *Nutrition Today*,  
28(3):19-23. 1993.

"Diet may shield against two leading cancer killers." Catherine Brohier. *Environmental  
Nutrition*, 15(2):1-3. 1992.

"Hope or Hoax: do it yourself harmless: unproven cancer treatments." Lenore Gelb. *FDA  
Consumer*, March 1992. 8 pp. Available from Food and Drug Administration, HFI-40,  
Rockville, MD 20857. DHHS Publication No. 93-1198.

#### **Cookbooks (in order by year)**

*Lighthearted Everyday Cooking.* Anne Lindsay. Canada: MCM Books. 1994. 250 pp.

*The Dysphagia Challenge: Techniques for the Individual.* Pam Womack. Bellevue, WA. 1993.  
47 pp.

*Recipes for the Chemotherapy Patient.* Janine Bernat, et al. Palo Alto, CA: Bull Publishing.  
1992.

## Newsletters

*The American Institute for Cancer Research Newsletter.* Quarterly. American Institute for Cancer Research. (202) 328-7744.

## Audiovisuals

*Eating Hints for Cancer Patients.* 1992. National Health Video, Inc., 12021 Wilshire Blvd, Suite 550, Los Angeles, CA 90025. (800) 543-6803; Fax (310) 477-8198.

## Contacts for Assistance

Local Contacts (listed in telephone directory)

Ask for the:

American Cancer Society . . . . .	Health Educator
College or University (Department of Home Economics, Nutrition, Dietetics or Medicine) . . . . .	Nutrition Educator
Cooperative Extension (county, state) . . . . .	Service Home Economist
Hospital . . . . .	Registered Dietitian or Outpatient Nutrition Services
Health Department (city, county, or state) . . . . .	Public Health Nutritionist
Local Dietetic Association (state or regional chapter) . . . . .	Registered Dietitian

## National Contacts

American Institute for Cancer Research, 1759 "R" Street, NW, Washington, DC 20009.  
Toll free: (800) 843-8114; in DC: (202) 328-7744.

Cancer Information Service, National Cancer Institute, Bethesda, MD 20892. Toll free: (800) 4-CANCER.

Food and Nutrition Information Center, USDA, National Agricultural Library, 10301 Baltimore Blvd, Room 304, Beltsville, MD 20705-2351. (301) 504-5719.

National Health Information Center, ODPHP, P.O. Box 1133, Washington, DC 20013-1133.  
Toll free: (800) 336-4797. Maryland area: (301) 565-4167.



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The resources listed contain accurate nutrition information and are available nationwide. Opinions expressed in the publications do not necessarily reflect the views of the U.S. Department of Agriculture. This *Nutri-Topics* is issued in three editions: Health Professional/Researcher, Consumer, and Educator.

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